



PRESS RELEASE

FOR IMMEDIATE RELEASE

May 22, 2023

Contacts:

Sarah Alamshaw
Seattle Mariners
206-346-4324
salamshaw@mariners.com

Judy Chen
WA State Coalition Against Domestic Violence
206-290-2947
judy@wscadv.org

Seattle Mariners Host 12th Annual *Refuse To Abuse*® 5K to Prevent Domestic Violence

The Seattle Mariners will host the twelfth annual [Refuse To Abuse](#)® 5K next week as they celebrate an incredible 27 years of partnership with the Washington State Coalition Against Domestic Violence (WSCADV). The 5K run/walk builds on the success of the [Refuse To Abuse](#)® [violence prevention campaign](#), launched in the 1990's to take a public stand against domestic violence and promote healthy, respectful relationships. **This year's event takes place on Sunday, June 4th at T-Mobile Park**, and runners and walkers will have access to every level of the ballpark, from the view deck to the players' tunnel to the final lap around the field.

WSCADV's research on domestic violence fatalities found that **nearly all (92%) of the victims in homicides studied reached out to family and friends for help before their death**. Victims turned to these informal support systems earlier and more often than the police (52%) or the courts for a Protection Order (31%). WSCADV's recently published [Friends & Family Guide](#) provides guidance on how to help a loved one who is experiencing abuse.

"Domestic violence is 100% preventable. We learned a lot during the pandemic about the power of connection and how friends and family can be a lifeline to someone in an abusive relationship," said Judy Chen, Executive Director of WSCADV. "This event celebrates the resilience of survivors, the power of community, and communicates to everyone experiencing abuse that you are not alone. We're incredibly grateful to the Seattle Mariners, their fans, and our supporters for coming together each year to be a part of the solution."

Many of this year's participants are also fundraising for the cause. **Every dollar raised supports WSCADV's statewide prevention work**, including the development of [concrete tools](#) to help start [conversations with young people](#) about healthy relationships, [policy advocacy](#) on behalf of survivors of abuse, and [programming](#) to prevent future violence.

About Refuse To Abuse®

Refuse To Abuse® is a 27-year partnership between the Seattle Mariners and the Washington State Coalition Against Domestic Violence to promote healthy, respectful relationships. Print, radio, and television public service announcements are produced each year featuring prominent Mariners players and managers, reaching hundreds of thousands of Mariners fans.

About the Washington State Coalition Against Domestic Violence

Founded in 1990 by survivors of domestic violence and their allies, the Washington State Coalition Against Domestic Violence (WSCADV) is a non-profit network of over 70 domestic violence advocacy programs across the state of Washington. WSCADV improves how communities respond to domestic violence and works to create a world where all people can live and love without fear. WSCADV's work includes research, training and technical assistance, producing educational tools, engaging the public to prevent domestic violence, and policy advocacy. To learn more, please visit wscadv.org.

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