



# Accessing Healthcare

Information and Resources in Washington State

# What's Available



- If you don't access health insurance through your employer, there's a one-stop shop for figuring out what kind of health insurance you qualify for.
- Whether you purchase insurance through the WA Health Benefits Exchange or you qualify for Medicaid, visit the WA Health Plan Finder to get started.
  - [www.wahealthplanfinder.org](http://www.wahealthplanfinder.org)

# WA Health Plan Finder



Advocacy  
Tip!

- If you are working with survivors who are also applying for TANF, encourage them to go to [www.wahealthplanfinder.org](http://www.wahealthplanfinder.org) FIRST!
- If you visit the health plan finder before applying for TANF you will be given the option near the end of the process to apply for TANF and all your information will be pre-populated into the TANF application. Time-saver!



# Medicaid/Medicare



- **Medicaid** is a federal health care program that covers low income individuals and families.
  - Often referred to as “medical” or having “medical coupons”
  - This was expanded in WA in 2014 to help cover the gap of those who would struggle to afford to purchase insurance through the Exchange.
- **Medicare** is a federal health care program for those over age 65 and some under 65 with disabilities.
- Go to [www.wahealthplanfinder.org](http://www.wahealthplanfinder.org) to find out if you qualify for either.

# WIC (Women, Infant's & Children)



- You are eligible if you
  - live in Washington State, and
  - are pregnant, a new mother, or have a child under five years of age, and
  - meet the income guidelines, and
  - have a medical or nutrition need.
- Through WIC you can get health screenings, breastfeeding support, money for nutritious foods, nutrition and health education and more!
- Call the Family Health Hotline to find your WIC clinic. 1-800-322-2588

# Crime Victim's Compensation



- You may be eligible if:
  - you are a victim of a crime (gross misdemeanor or felony)
  - and have reported it to and are cooperating with law enforcement.
- Some covered expenses include:
  - Medical costs
  - Prescriptions
  - Counseling
- For more information go to <http://www.lni.wa.gov/ClaimsIns/CrimeVictims/default.asp>