

WASHINGTON STATE COALITION

WSCADV

AGAINST DOMESTIC VIOLENCE

The leading voice for ending domestic violence in Washington State

Everyone has the right to safety and freedom from abuse.

We are a non-profit network of over 70 domestic violence programs across Washington. We...

- Work for laws that ensure safety and justice for survivors
- Provide specialized support to domestic violence advocates
- Conduct research to promote local-level change
- Educate the public

visit wscadv.org to find:



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What is Domestic Violence?

Domestic violence is a pattern of behavior that one person in a relationship uses to gain power and control over the other.

Abuse is not caused by anger, mental problems, alcohol, drugs, or other common excuses. It is caused by a person's belief that they have the right to control their partner.

Common tactics:

- Isolation from friends and family
- Emotional abuse
- Using children
- Dominating finances and family resources
- Physical and/or sexual assault

To Help a Friend:

- Listen to their story and believe them.
- Hold what you are told in confidence.
- Encourage your friend to think about safety. Help your friend make concrete plans that deal with the most likely "what ifs."
- Reach out to a local domestic violence program. Anyone can call.
- Call the National Domestic Violence Hotline at 1-800-799-SAFE.



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