



## **2017 WSCADV Conference Workshop Descriptions**

### **Advocacy for Immigrant Survivors**

*Vanessa Gutierrez*

Join us to learn best practices for advocating for and with immigrant survivors. Learn how to safety plan and advocate in an environment that is openly hostile to immigrant survivors.

### **Ask an Expert: Child Support and Survivors**

*Ilene Stohl, Nancy Koptur*

Get your child support questions answered! We'll have experts from the Division of Child Support on hand to help you better navigate the child support system with survivors.

### **Best Practices for Evaluating your DV program**

*Dr. Cris Sullivan*

National assessment expert Dr. Cris Sullivan will give an overview of best practices in DV program evaluation. Participants will gain tools to evaluate their programs, including what questions to ask, how to collect data, and how to use data to improve services. Suitable for evaluation novices as well as experienced participants who'd like a refresher.

## **Beyond Myths and Stereotypes: Latina and Campesina Culture and Advocacy**

*Hermilia Trevino Saucedo, Sorangel Tinajero*

Come learn about cultural concepts that influence Latina and campesina survivors. Like all heritages, Latinx culture both supports and undermines healthy relationships. You'll leave this workshop better equipped to practice the cultural humility necessary to build trust and support for Latina survivors.

## **Big Change in Small Towns: Fostering Cultural Competency**

*Lynn Rosenthal*

Learn from Lynn Rosenthal as she discusses her work as an ally to marginalized folks in rural communities. Hear how she builds compassion for immigrants and LGBTQIA+ survivors with rural community members. Bring your strategies and challenges and be prepared to leave with new ideas.

## **Building and Strengthening Relationships With Communities of Color: Part I**

*Lavon Morris Grant*

How can we make our services more welcoming and relevant to women of color? We need to get out and build relationships within these communities to find out! Join Lavon Morris Grant for an engaging workshop and be prepared to leave with new ideas. Workshop I will focus on relationship building and needs assessment.

## **Building and Strengthening Relationships With Communities of Color: Part II**

*Lavon Morris Grant*

How can we make our services more welcoming and relevant to women of color? We need to get out and build relationships within these communities to find out! Join Lavon Morris Grant for an engaging workshop and be prepared to leave with new ideas. Workshop II will focus on filling gaps in our knowledge and services; practicing "out of the box" thinking; and lovingly helping each other move outside of our comfort zones to better know and serve communities of color.

## **Centering the Experiences of Bisexual Survivors: Implications for Advocacy and Programming**

*Margaret Hobart, Amarinthia Torres*

Did you know that 61% of bisexual women experience intimate partner violence, sexual assault or stalking, mostly by male partners? How do abusers use their partners'

bisexual identity as a tool of power and control? In this session we'll consider the experiences of bi women and examine our services through a bisexual survivor framework. Join us to learn ways to make our programming more welcoming and relevant to bi women.

### **Creating *Confianza*: Building Trust in Latina Campesina Communities**

*Hermilia Trevino Saucedo, Sorangel Tinajero*

How can we best support campesina survivors? Learn strategies to build trust and open dialogue within campesina communities. Facilitators will share stories of successful collaborations. Participants will then work in small groups to build their own scenarios of creating *confianza*.

### **Family Law Survival Kit**

*Tracee Parker, Monte Jewell*

Come learn about Family Law Toolkits that can help survivors access the information, resources, and support they need to navigate the legal system while protecting themselves and their children from further harm.

### **Fueling our Work with Passion and Power**

*Sujatha Jesudason*

What makes you feel passionate? What brings you joy? What makes your heart feel full? Together we'll reflect on these questions in order to build empathy and resilience, while practicing curiosity for ourselves and each other. Through Passion Mapping we'll explore how we might bring our whole selves into the room, how our strengths and passions can be an asset to our work, and find others who share similar passions, potentially leading to new collaborations.

### **Grant Writing 101: Connecting Your Mission to Foundation Dollars**

*Miriam Barnett*

Grant Writing, like all fundraising, is about connecting your mission to people who care. Learn about the grant writing process from a seasoned grant writer. We will focus on obtaining grants from private foundations, not on government proposals. Comprehensive handouts will be shared. Open to all levels of grant writing experience.

## **Immigrant Survivors and the Law: Legal Basics**

*Vanessa Gutierrez*

Now more than ever, it's crucial that we stay up-to-date on legal options for immigrant survivors. Come learn about current laws, practices, and protections (or lack thereof). Learn strategies to advocate on behalf of individual survivors as well as how to do effective systems advocacy.

## **Managing Employees for Success**

*Miriam Barnett*

Few factors impact employee satisfaction as much as their relationship with their supervisor. Come learn best practices for managing staff. You'll leave this workshop with practical tips and tools for successfully supervising staff and creating a workplace where employees are happy and thrive.

## **Meditation for Everyone**

*Tyra Lindquist*

Join us as we explore a few mindfulness basics, including a simple meditation practice and a couple of low-key sensory experiments. Then we'll talk about what all this has to do with helping victims and changing the world. All are welcome!

## **Advocacy on the Go!**

*Linda Olsen*

In this workshop we will cover the nuts and bolts of mobile advocacy: what is it? When should we consider using it? How can we do it in a safe, survivor-centered way? Bring your questions and experiences and be prepared to deepen your thinking on this powerful advocacy modality.

## **Native Advocacy & Activist Storytelling**

*Judith LeBlanc*

Come join us to hear Judith and others talk about the struggle for indigenous sovereignty as exemplified by the global support for Standing Rock.

## **Proposed Changes for Domestic Violence Intervention Treatment in WA State**

*Amie Roberts*

This workshop will cover proposed changes to the standards for domestic violence intervention treatment. The changes are in draft form and participants can offer feedback that will be shared with the decision-makers. Come to listen, learn, and add your voice to this important conversation.

## **Reclaiming Cultural Identity #1: A Life to Remember**

*Elder Alma Goddard, Mexican/Native American*

*Norine Hill, Oneida Nation*

This the first workshop, in the series "Reclaiming Cultural Identity," presented by advocates of MotherNation. A Life to Remember is a workshop on honoring self as an Indigenous people. To build community, we need to start with self. In order to love our children and love our people, we have to love ourselves. Reflection on who we are as the Indigenous peoples of North America. Reclaiming our cultural identity to lead with love. Who are we? We are born sacred.

## **Reclaiming Cultural Identity #2: Building on Culture with Medicine Wheel**

*Elder Arlene Red Elk, Jamestown S'Klallam*

This is the second workshop in the series, "Reclaiming Cultural Identity," presented by advocates of MotherNation. How do you Reclaim Culture? Each participant draws their own medicine wheel to build on their culture with reflections in workshop to look at the beauty and vitality of Native people. Searching back in history helps us learn who we are and the traditions that come with it. Medicine wheel places participant in the center. Looking at history, family, community, and traditional spirituality. The connection leads us to look at the medicine wheel around us to acknowledge our culture. Each Tribe has their song, dance, and regalia. All have a commonality of returning to the circle for healing.

## **Reclaiming Cultural Identity #3: A Spiritual Path to Remember**

*Elder Ramona Ahto, Yakama Nation*

This is the third workshop, in the series "Reclaiming Cultural Identity," presented by advocates of MotherNation. Participants will make medicine bags. By touching, feeling and seeing uses senses which connects us to Spirit. What is the message to you? When making the traditional craft, it brings one to thoughtful prayer. Cultural identity is found through the teachings on the medicine bags guided by Elder. Medicines will be on

display along with the teachings of each to carry in pouch and take home to honor our Spiritual Path to Lead with Love.

### **Resilience and Managing in Times of Uncertainty**

*Michelle Gislason*

In these uncertain times, how do we figuratively and literally shift how to move and adapt in this landscape? How can we as leaders draw on strengths, core purpose and strategy to adapt in a constantly changing environment? This session will utilize various approaches and technologies to explore resilience in times that are volatile, uncertain, complex, and ambiguous. We will also develop the beginnings of a personal leadership network to break isolation and shore up support.

### **Setting Up Mobile Advocacy Programs that Work**

*Gabriela Alor, Kendra Gritsch, Traci Underwood*

Are you intrigued by the idea of mobile advocacy but wonder how it could work at your agency? Come join our panelists as we discuss the details of setting up the administrative support needed to sustain mobile advocacy. We will discuss program structure, creating policies and procedures, supervising mobile advocates, and more! Come with your ideas and questions. Geared toward managers and directors.

### **Strategies for Shelter Management: Facing Challenges, Fostering Community**

*Deadria Boyland*

Bring your burning questions and biggest challenges! Learn new strategies for common challenges: handling difficult conversations, managing resident conflict, supporting staff and more! Facilitated by veteran shelter manager Deadria Boyland.

### **Survey Says: Offering Emergency Contraception to Survivors**

*Leigh Hofheimer, Amy Kangas*

WSCADV and WCSAP surveyed member programs to find out about the availability of emergency contraception (EC), how and when advocates talk about it, and what questions advocates have about offering EC. Join us and hear what we learned from advocates, the impact on advocacy practice, and what questions still remain.

## **Survivors and Substance Use: Strategies for Effective Support**

*Mary Guiberson*

Hear from a Survivor/Thriver/Advocate who has worked with women who use substances for over 30 years. Supporting survivors who use substances to cope with trauma is an act of compassion and a complicated dance. Learn how help survivors make safER choices when using substances and how to be an ally. Gain practical skills to deescalate situations within housing settings or support groups.

## **Tapping into Resiliency: Caring for Self, Caring for Others**

*Tyra Lindquist*

Come on down to hear the good news about the brain's natural capacity for bouncing back after hard times and traumatic events. Learn why the advocates who rock their own self-care increase their ability to support health and well-being in others. Share your own self-care stories and walk away with practical ideas for fostering resilience in ourselves and others.

## **The Basic Basics of Advocacy**

*Tyra Lindquist*

This workshop is for brand new advocates: folks who have just been hired or have only been on the job for a few months. We'll discuss the six core skills of advocacy, think about how to practice the skills in a trauma-informed way, and frame our work around compassion and activism.

## **The "F" Word: Using Art to Explore Intersectional Feminism**

*Alexandra Panagotacos*

Join us as we explore how intersectional feminism built the anti-violence movement. Learn about the monumental contributions of women of color feminists that are sometimes whitewashed from our history. We'll use art to explore liberation through intersectional feminism. Each participant will create a multimedia art piece on canvas. Art supplies and smocks will be provided, but come ready to get your hands dirty!

## **There's No One I Can Trust: The Unintended Consequences of Mandatory Reporting**

*Margaret Hobart*

Though initially intended to help survivors and bring cases of child abuse, relationship violence and sexual assault from behind closed doors, mandatory reporting laws do not

always benefit survivors. Learn about the history of mandatory reporting laws, their unintended consequences, and how these policies impact marginalized populations like LGBTQ youth and people of color. Learn strategies for listening to survivor stories about mandatory reporting, and how we can both evaluate and change our own practices in response.

### **Unsafe at Work: The Rights of Immigrant Survivors**

*Blanca Rodriguez, Alyson Dimmitt Gnam*

How does the law define workplace sexual harassment and what laws protect immigrant survivors? Learn about the work of the Equal Employment Opportunity Commission and the Northwest Justice Project in this arena. Gain valuable information and resources to share with immigrant survivors and their allies.

### **Up Your Prevention Game: Lessons from the Field**

*Edric Figueroa, Kelsey Fischer, Angeli Bhatt, Michelle Polek*

Join preventionists from the 4 multi-year prevention projects in Washington State to hear what they've been up to and how they're making a difference in their communities. We'll hear from two programs doing community-based activism and two programs who are doing school-based prevention work. You'll leave with actionable ideas to make lasting change in your communities.

### **When the Spirit Calls**

*M.L. Daniel*

(How) does our spiritual practice impact our work? How can we strengthen our "spirit work" so that it sustains us in our antiviolence practice? ML Daniel will share strategies and facilitate an open conversation. Everyone is welcome, regardless of faith background and practices (or lack thereof).

### **Working in Native America**

*Annie Forsman, Womenspirit*

Native American women experience domestic violence and sexual assault at much higher rates than any other group in the United States. Learn how violent histories of colonization led to this disproportionality. Explore the complex and unique benefits, challenges, and obstacles to working in Indian Country.