

# Everyone needs a little TLC!

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On Saturday, November 9, 2013, members of the Washington State Coalition Against Domestic Violence (WSCADV) [Teen Leadership Council](#) (TLC)<sup>1</sup> came together for our second statewide meeting. Together, we talked about [adultism](#), the [recent study](#) on sexual coercion among adolescents, what they want adults to know about their relationships, what they'd like from adults, and what youth in their communities are seeing, hearing, thinking, and feeling. We also planned for advocacy and activism in their home communities, played mini-golf, and had an all-around great time.

This is what I learned...



Blow  
pops!

*You should have seen the teens when the blow pops were passed around; they were like rabid dogs! But it was a helpful reminder that food (and candy) brings people together!*



*Teens have something to say and we should listen. They are figuring out who they are and want you to notice and help them figure it out.*

Listen  
up!



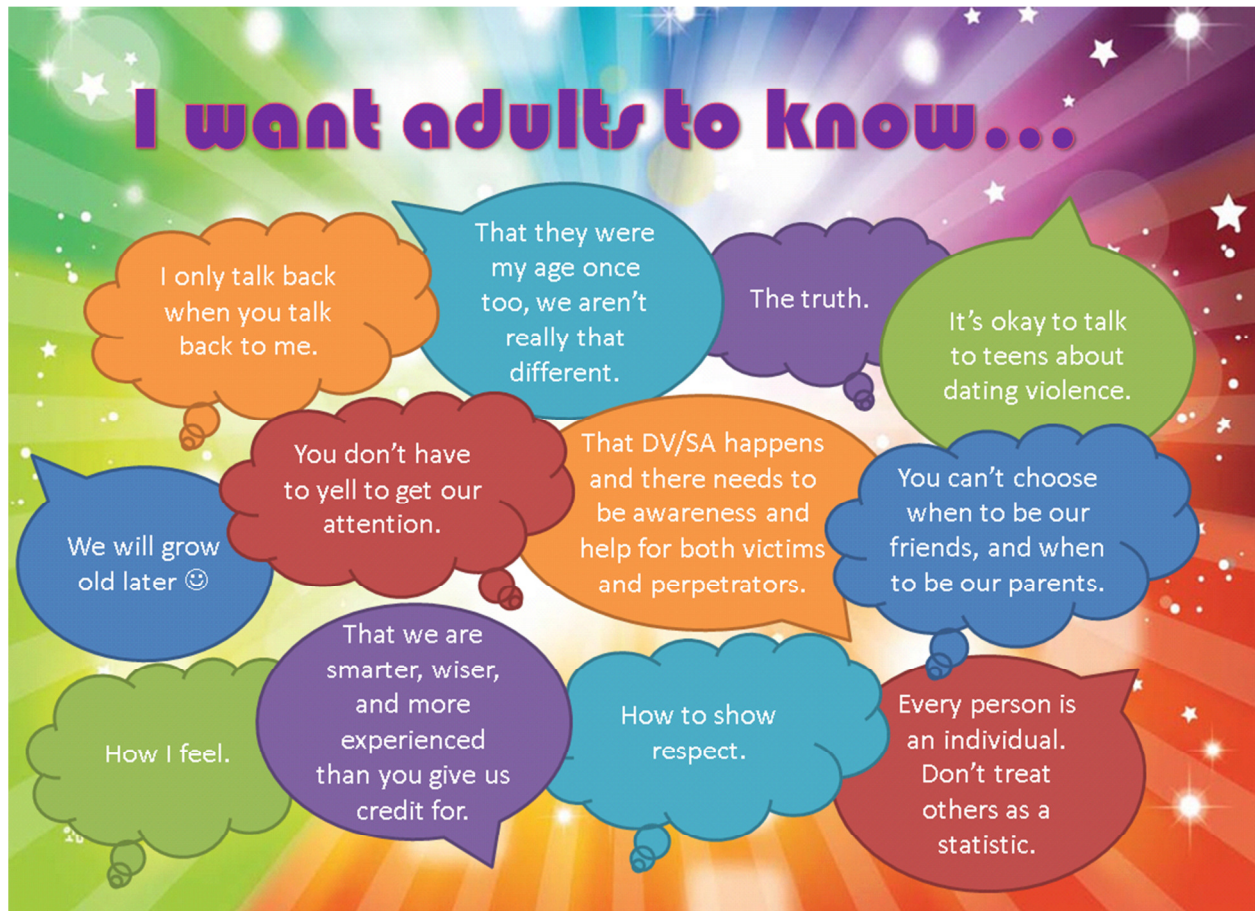
Build  
it!

*These teens are going to help us build a better future. They are committed to talking about relationships and creating better ones.*

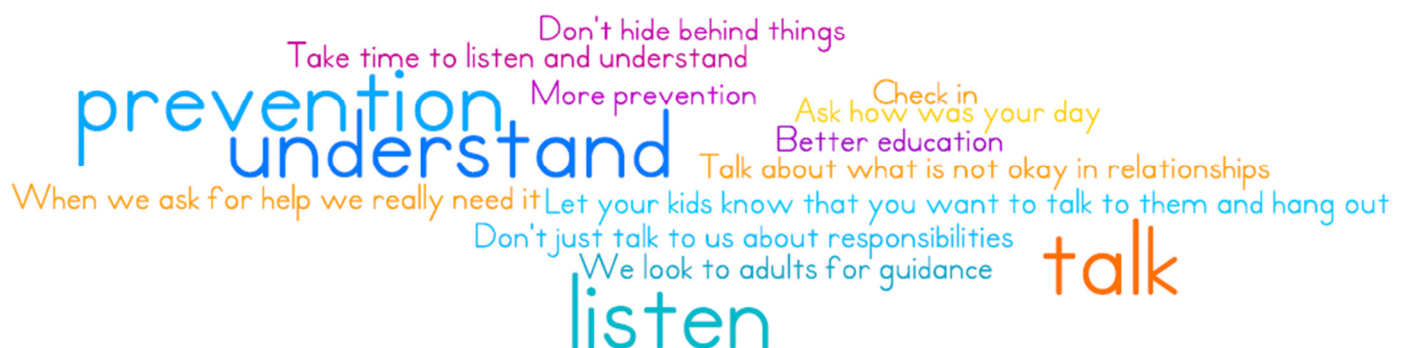
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<sup>1</sup> The TLC aims to ensure that teen voices are amplified and the prevention efforts of WSCADV and its membership are informed by and relevant to young people. The TLC is comprised of 12 teens (13-19) from around Washington State who are committed to promoting healthy relationships.

I asked the TLC what they wanted adults to know about them and their relationships.  
Here is what they shared...



And when I asked them what they want from adults they said...



Want to know what the teens in your community would say? Ask them! And then, let's join together to share what we learned and plan for how we can support teens to build a future filled with healthy, loving, and safe relationships for all!