

WORKSHOPS

#SheWillBe

Joanne Smith

Get inspired and activated as Joanne Smith and the Girls for Gender Equity share about their radical and visionary work to create a New York City Young Women's Initiative #SheWillBe.

A conversation with native advocates

Corrine Sanchez

Join a conversation with Corrine about our movement's strategies that address the realities and experiences of native advocates working to end domestic and sexual violence in native communities.

Beyond Criminalization

Connie Burk

This workshop will discuss in practical terms why mandatory arrest and reporting cannot reliably produce justice or safety for survivors of domestic violence. Hear about concrete actions that community-based anti-violence programs and advocates can take to disentangle our work from the criminal legal juggernaut.

Child Support 101

llene Stohl

Child support can be a great benefit. But for survivors, being involved in this system often comes with some risks. Join us to learn the basics about how survivors can maximize the benefits and minimize the risks.

Deconstructing Machismo

Emiliano Diaz de Leon

Some aspects of machismo make men great partners and fathers. And others make men more vulnerable to abuse and perpetration. Come learn the differences and about efforts to reach out to Latino men and boys and techniques for working with Latino men in your community.

Developing Relationships with Landlords

Rebecca Corby, Ann Simpson, Maria Williams Housing options are a critical part of helping survivors access permanent housing. Come and share strategies to partner with community landlords. Find out what incentives might work to build a network of landlords in both rural and urban communities.

Family Law Survival Kit

Alison Iser, Tracee Parker, Judy Lin, Natasha Wilson

We've all seen how entangled survivors get in the family law system—especially when they also have mental health concerns. Come learn about the Family Law Toolkits that will help survivors access the information, resources, and support they need to successfully navigate the family law system while protecting themselves and their children from further harm.

Girl Justice

Antasia Parker

Learn from Powerful Voices' inspiring model of working with girls to become empowered young women. Strengthen your girl justice analysis, become a better ally to young people, and learn the guiding principles and practices of Powerful Voices.

Grief and Loss for Advocates

Elder Ramona Ahto, Alma Goddard As Native Americans, we are born into grief and loss due to historical trauma and cultural genocide. Participants will learn and share various types of grief and loss suffered by survivors in domestic violence and sexual assault. We will talk about the history of drug and alcohol use in the Native community. Participants will also learn the grief cycle and how it impacts survivors overall wellbeing emotionally, spiritually, physically and intellectually. Participants will learn how to help survivors cope with grief and loss with a focus on techniques that support a survivor's resiliency.

Healing from the Heart—Vicarious Trauma in Indian Country

Elder Arlene Red Elk, Norine Hill Understanding compassion fatigue in Indian Country encompasses looking at historical trauma and family systems on what we endured as a Native people, and how it manifests itself through work, home and community. Awareness of symptoms can lead to positive change, personal transformation, and a new resiliency. Through the Tree of Life activity, participants will identify stressors that affect the various aspects of their lives. One side of the tree will visualize the multiple stressors and symptoms that caregivers recognize and the other side of the tree will visualize and identify paths and strategies to healing and healthy selfcare.

Healing Through the Trauma

Lavon Morris Grant Like what you heard from Lavon's plenary on Monday? Come hear more of the story and connect with her about her own healing journey.

Housing and Asset Building for Native American Survivors

Iris Friday

Are you interested in identifying and developing tribal housing resources? Would you like to know more about financial and credit resources that Native survivors might have access to? Join Iris for this workshop filled with information and resources for Native Americans both on and off the reservation.

Housing Strategies for Refugees and Immigrants

Pradeepta Upadhyay, Caroline James It's not easy identifying housing resources for refugees and immigrants—especially when necessary documents aren't available. Attend this workshop if you'd like to find out how programs can help refugee/ immigrant survivors access and retain housing.

How legal advocates can support survivors without crossing the line

Mark Ferraz, Jennifer Ammons You won't get bogged down with worries about unauthorized practice of law if you're clear about what you can and can't do when survivors ask for your help. Come and learn about what to include and not include in a Declaration. You'll get persuasive writing tips and clarity about your role.

If you don't ask, they can't say yes! Miriam Barnett

What is the main reason you are not getting gifts from individuals? You aren't asking! This workshop will focus on how to identify, cultivate, ask and steward donors. Connect with donors at the heart level, use social media to make a splash, and write thank yous that help donors make an even tighter connection to your organization.

Immigration Options for Survivors—Basic Overview

Vanessa Gutierrez

Immigrants are under fire. The time is now for us as advocates to understand that there are lifelines—avenues to legal status. Join us to learn the basics of VAWA, U Visa, T Visa, SIJS and asylum eligibility.

Immigration Options for Survivors—Advanced Topics

Vanessa Gutierrez

A deeper dive into the ways that your advocacy can support immigrant survivors. Come to discuss obtaining law enforcement certifications in difficult cases, indirect U visa victims, options for clients in removal proceedings, and the latest updates in immigration policies.

Intervention the Island Way

Valli Kalei Kanuha

Culturally-based strategies make for a more meaningful and resonant approach. Join Professor Kanuha as she shares about Native Hawaiian culturally-based domestic and sexual violence intervention strategies and practices.

It's a new day: DV perpetrator treatment in Washington State

Amie Roberts

For the first time Washington State has dedicated a full time employee to overseeing perpetrator treatment programs. Hear about current standards and Amie will share feedback from victim services programs throughout the state about their coordination with perpetrator treatment programs about what is and isn't working. Join the conversation.

Mama's Boys: Raising boys who witnessed domestic violence to men

Lavon Morris Grant

The reality is that African American boys and men are targeted every day. And it gets complicated when boys are also witnessing DV at home. There is hope. Healing is possible when families have access to a variety of longterm and culturally relevant community resources. Participants will leave this workshop with specific strategies and rededicated to serving boys of color.

Meditation for Beginners

Tyra Lindquist

Mindfulness is all the rage these days. And rightly so. The practice of mindfulness offers a treasure trove of gifts to calm the mind, access wisdom, and restore energy. If you are interested in an experiential workshop to very briefly explore a few mindfulness basics, then this is the workshop for you. We'll try some simple meditation and a couple of low-key sensory experiments. Then we'll talk about what all this has to do with helping victims and changing the world.

News You Can Use from Fatality Reviews Jake Fawcett

The fatality review brings everyone to the table and you need to be there too. Come learn from the author about the intricate stories of victims' lives and what they needed from communities. This valuable storytelling resource can help you to spark change in your own community.

Personnel Policies as a Force for Liberation *Connie Burk*

Calling all managers and directors. Starting with our own agency's personnel and travel policies, and moving on to pay scales and other HR practices, how can we be the change we want to see in the world? This workshop will cover practical advice and provide food for thought about the management practices we need to support sustainable organizations. We'll talk about how to attract and retain a diverse workforce that advocates for justice on behalf of survivors.

Practicing Advocacy

Tyra Lindquist

Any long-term advocate might tell you it took them a year or more to feel confident about their day-to-day work. Advocacy is a tough job. We're learning all the time, individually and collectively, about how to do it better. Come to this workshop if you want to review the six core skills of advocacy, think about how to grow your skills in a trauma-informed way, and stay rooted in compassion.

Resiliency Trumps Trauma

Tyra Lindquist

There is a lot of good news coming out of programs that are implementing both new and old practices that support the innate resiliency of human beings. This workshop will feature specific programs. Come to hear about the doable ideas they tried after learning about the science of trauma. Take a pragmatic look at programming and techniques that can help people recover and thrive after trauma.

Start a Revolution!

Edith Sargon

Storytelling is the necessary first step in taking action and building power on the ground. Join the Wellstone Institute's own revolutionary leader to learn the basics of one-on-one organizing and practice!

Supervision Made Simple

Deadria Boyland

So much of supervision is the simple yet difficult task of tending to relationships. Get concrete tools about leadership, mentoring, hiring, and understanding challenging situations.

Sustaining Good Jobs

Traci Underwood, Ann Simpson, Erinn Gailey Come participate in a deep dive into our evolving thinking on good jobs. We'll be asking: How can we continue to refine jobs that sustain both our mission to serve survivors AND our workers who do this important work? Bring your experiences on everything from increasing wages, to supervising for well-being, to funding sustainable workloads. What else is on your mind? Be prepared to share and learn from each other. Geared toward managers, directors, and future leaders.

Talk Story

Nani Fay Paglinawan

In many ways rural work is like island work. In the islands, we share informally by "talking story"—slowing down and taking time to explore ideas, stories, opinions and history with the people around them. Come hear Women Helping Women from Maui about how they "talk story". They'll share about their values, culturally-centered DV services, and how they engage their community in unique ways.

Teens (they aren't as scary as you think) *Analy Pocasangre, Delia Zambrano* This is not theoretical—this is reality! These bilingual/bicultural teen advocates will share tips and lessons learned from facilitating Girls Circle groups with teens. Come hear practical wisdom and advice about what is impacting young women in high poverty schools in Eastern Washington.

The Art of Resiliency

Brook Avidon

Have you noticed that coloring books are enjoying a renewed popularity? How exactly does art and creativity, yes even coloring books, serve as a doorway into our hearts? Come to this workshop to learn more about how you can use very simple art projects to help people connect, and by doing so, to help them tap into a natural resiliency and heal from trauma. Create your own hands-on art and hear from workshop leaders who run art groups about their experiences of seeing participants open up to conversation and connection.

Trans 101 and beyond—for advocates & allies *Jake Fawcett*

Get clear on the basics of trans issues in your head and in your gut. Think critically about gender and transgender, learn to talk with others in your communities about why supporting trans rights matters, figure out how to welcome trans survivors into your programs, and get all your "dumb" questions answered.

What's the alternative?

Valli Kalei Kanuha

Have you ever thought, "There must be another way when it comes to creating justice for survivors and communities?" Join us to talk about what community accountability can look and feel like.

What's your story? The power of personal storytelling

Eliachi Kimaro

Join Eli Kimaro, a multimedia artist, for a handson interactive workshop. You'll get the chance to investigate your own story and connect it to our movement and each other. Explore ideas about your own artistry or whatever your craft is and how you might use it to spark change.